

Management and Leadership

Click on a topic below to see some of the courses available on the Online Training Platform...

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Focus on you

Find ideas to improve the way you work...

Delivering professional presentations

Developing your leadership style

Done is better than perfect

How to be liked

How to manage your time

Improve your productivity

Influencing, Assertiveness and Negotiation

Move from management to leadership

Optimise your meeting productivity

Plain English

Power up your to-do list

Self-reflection

Solving problems by making effective decisions

Speaking with authority

The value of timeboxing

Tricky management challenges



Focus on your team

These courses can help you get the best out of your team...

Building trust

Change management

Conflict resolution

Delegating tasks

Goal setting with the GROW coaching model

Giving and receiving feedback

How to build rapport

How to develop a high performing team culture

How to get the best from introverts and extroverts

How to guide your team through change

How to really listen

Managing a disengaged member of your virtual team

Managing conflict in your team

Managing difficult conversations in performance management

Managing others effectively

Managing poor performance

Managing resistance to hybrid work requirements

Motivating your team

Objective setting

Optimising team performance

People management

Reinvigorating disengaged staff

Remote working for managers

Spotting talent in your team

Training and development for managers

Using teamwork to boost performance

When to protect your team



Inspirational leadership

Find ways you can inspire people as a leader...

Apprentice supervisor and mentor training

Becoming an inspirational manager

Coaching and mentoring

Courageous leadership

How to connect with your audience

Impactful leadership

Innovate and be an intrapreneur

Inspirational leadership

Leadership styles and theories

Leading innovation and change

Mentoring for mentors

Transformational leadership

VISION leadership



Business skills for managers

These courses can help you to develop your business and managerial skills...

Change management

Effective stakeholder management

Finance for non-finance managers

Foundations for complaint handling

Lean six sigma green/black belt

People management

Performance appraisal

Plain English

RNA therapeutics for leaders

Six steps approach to workforce planning

Supplier management

The procurement cycle

The recruitment process

Understanding the importance of marketing

Writing job descriptions and person specifications



Equality, diversity & inclusion

Expand your awareness with a range of courses including...

A guide to reasonable adjustments

Anxiety awareness

Banter and bullying

Cultural awareness

Dignity at work

Diversity & inclusion (podcasts)

Emotional intelligence

Equality in the workplace

Inclusive leadership

Introduction to ageism: older people

Introduction to anti-racism in the workplace

Introduction to cultural nuances

Introduction to disability in the workplace

Introduction to employee resource groups

Introduction to LGBTQ+ awareness

Introduction to microaggressions

Introduction to neurodiversity in the workplace

Introduction to pronoun awareness

Introduction to sexism in the workplace

Introduction to sexual harassment

Introduction to social engineering

Learning disability awareness

Mental health awareness

Plain English

Suicide prevention awareness - foundation skills

Unconscious bias

Understanding organisational culture and ethics

Why diverse businesses are winning

